

Quest Food Management

Recipe: 001810 fiesta nachos with turkey k-8

Recipe HACCP Process: #2 Same Day Service

Recipe Source: nslp elementary
 Recipe Group: ENTREES

Alternate Recipe Name:
 Number of Portions: 8
 Size of Portion: serving

902782 turkey ground raw 85% lean gfs 256322... 990095 cheese cheddar shredded gfs 776831..... 901996 tortilla corn chips gfs163020..... 903063 taco seasoning spicy LS 413445..... 902757 salsa red gold greco 36207.....	24 OZ, raw 70% yeild 4 OZ 16 OZ 2 OZ 8 OZ	1. Brown ground turkey. Drain. Continue immediately. 2. Add seasonings and mix. 3. Stir frequently over medium heat. Stir frequently over medium heat, approximately 15 minutes. CCP: Heat to 155° F or higher for at least 15 seconds. CCP: Hold for hot service at 135°F or higher.
		Serving
		1 portion provides 2 oz equivalent meat/meat alternate and 2 serving of grains/breads. 2oz of chips is 22 full chips= 2 g/b

*Nutrients are based upon 1 Portion Size (serving)

Calories	551 kcal	Cholesterol	79.52 mg	Protein	23.10 g	Calcium	207.72 mg	43.86%	Calories from Total Fat
Total Fat	26.86 g	Sodium	599.51 mg	Vitamin A	569.37 RE	Iron	2.19 mg	13.26%	Calories from Saturated Fat
Saturated Fat	8.12 g	Carbohydrates	47.95 g	Vitamin A	2422.58 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.64 g	Vitamin C	1.17 mg	Ash ¹	0.00 g	34.80%	Calories from Carbohydrates
								16.77%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.